

Vishwakarma University (VU), Pune
Bachelor of Arts
Department of Psychology
4 Years – 8 Semesters Full Time Programme
Effective from AY 2024 – 2025 Programme Structure (NEP) Choice Based Credit System (CBCS) and Grading System

Programme Structure

Semester - I	
Course Type	Course Name
DSC	Foundation in Psychology
MC	Navigating Interpersonal Relationships
OE	Stress and Coping
SEC	VU Level- Thinking and Creativity
AEC	VU Level- English
VEC	VU Level- Human Values and Professional Ethics
CC	Digital Wellbeing

Semester II	
Course Type	Course Name
DSC	Lifespan Development
DSC	Social Psychology
MC	Psychology of Leadership
OE	Conflict Resolution
SEC	VU Level- Negotiation Skills
IKS	Contemplative Psychology
VEC	VU Level- Environmental Studies
CC	Psychological First Aid

Semester III	
Course Type	Course Name
DSC	Theories of Personality
DSC	Biopsychology
MC	Trauma, Resilience and Coping
OE	Emotional Intelligence
SEC	Human Computer Interaction
CC	Investigative Psychology
CES	Community Work

Semester IV	
Course Type	Course Name
DSC	Foundations of Abnormal Behavior
DSC	Research Methods
MC	Life Coaching
VSC	Digital tool for Research
AEC	VU Level- Modern Indian Language
CC	Psychology of Victims
FP	Survey Projects

Semester V	
Course Type	Course Name
DSC	Psychology Practical: Experiments
DSC	Fundamentals of Counselling Psychology
DSC	Statistics for Behavioral Sciences
DSE	Geriatric Disorder
	Guidance and Counselling
	Consumer Psychology
MC	Healing the self
VSC	Qualitative and Quantitative Methods of Enquiry

Semester VI	
Course Type	Course Name
DSC	Psychology Practical: Tests
DSC	Psychological Testing and Measurement
DSC	Fundamentals of Industrial-Organizational Psychology
DSE	Psychotherapy
	Counseling Special Populations
	Positive Psychology at Work
MC	Minor Track Project
VSC	Psychology of Well-being

Semester -VII (HON)	
Course Type	Course Name
DSC	Health Psychology
DSC	Cognitive Psychology
DSE	Psychopathology
	Counselling Skills & Techniques
	Human Resource Management
DSE	Psychodiagnostics
	Rehabilitation Psychology
	Occupational Health and Wellbeing
PROJ	Major Project

Semester -VIII (HON)	
Course Type	Course Name
DSC	Neuropsychology
DSE	Alternative Psychotherapies
	Integrative Approaches to Mental Health
	Training & Evaluation
PROJ	Major Project
INT	Internship

Semester -VII (R)	
Course Type	Course Name
DSC	IPR and Innovation Management
DSC	Cognitive Psychology
DSE	Psychopathology
	Counselling Skills & Techniques
	Human Resource Management
DSE	Psychodiagnostics
	Rehabilitation Psychology
	Occupational Health and Wellbeing
PROJ	Research Project-1

Semester -VIII (R)	
Course Type	Course Name
DSC	Entrepreneurship Development
DSE	Alternative Psychotherapies
	Integrative Approaches to Mental Health
	Training & Evaluation
INT	Research Internship
PROJ	Research Project-2