

Vishwakarma University (VU), Pune

**Bachelor of Arts
Department of Psychology**

**4 Years – 8 Semesters Full Time Programme
Effective from AY 2024 – 2025
Programme Structure (NEP)
Choice Based Credit System (CBCS) and Grading System**

Year 1

Semester 1

Foundation of Psychology
Introduction to Social Psychology
Stress & Coping
VU Basket
English
VU Basket
Digital Wellbeing

Semester 2

Lifespan Development
Psychology of Individual Differences
Advanced Social Psychology
Conflict Resolution
VU Basket
Contemplative Psychology
Environmental Studies
Psychology First Aid

Year 2

Semester 3

Health Psychology
Personality Psychology
Community Psychology
Emotional Intelligence
VU Basket
Investigative Psychology
Community Work

Semesters 4

Positive Psychology
Consumer Psychology
Cultural Psychology
Digital tool for Research
Modern Indian Language from the Basket approved by University
Transactional Analysis
Survey Projects

Year 3

Semester 5

Psychology Practical: Experiments
Experimental Psychology
Research Methods
DSE SET 1
Cross-cultural Psychology
Qualitative Data Analysis
Psychology Practical: Experiments

Semesters 6

Psychology Practical: Tests
Psychological Testing : Theory
Statistics for Behavioral Sciences
DSE SET 2
Minor Track Project
Quantitative Data Analysis
Psychology Practical: Tests

Year 4 (Semester 7 & 8 for 4-Year Honors Degree)

Semester 7

Biological Psychology
Cognitive Psychology
DSE SET 3
DSE SET 4
Major Project

Semesters 8

Cognitive Psychology
DSE - 6
DSE-7
Research Project-1

Year 4 (Semester 7 & 8 for 4-Year Research Degree)

Semester 7

Neuro-Psychology
DSE-5
Major Project
Internship

Semesters 8

DSE - 8
Research Internship
Research Project-2

Baskets

Semester	Minor Track	Name of Subject
1	Psychology	Introduction to Social Psychology
2		Advanced Social Psychology
3		Community Psychology

4		Cultural Psychology
5		Cross-cultural Psychology
6		Minor Track Project

Semester	Open Electives	Name of Subject
1	Open Elective	Stress & Coping
2		Conflict Resolution
3		Emotional Intelligence

Semester	Value Education Courses	Name of Subject
1		VU BASKET
2		VU BASKET

Semester	Indian Knowledge System	Name of Subject
2		Contemplative Psychology

Semester	Skill Enhancement Courses	Name of Subject
1		Thinking and Creativity
2		Negotiation skills
3		VU Basket

Semester	Specialization Elective Track-1	Name of Subject
5	Clinical Psychology	Introduction to Abnormal Psychology
6		Psychotherapy
7		Psychopathology - I
7		Psychodiagnostics
		Psychopathology - II
		Case Studies: Clinical Psychology
8		Psychology of Addictive Behavior
		Ethics & Professional Issues in Clinical Psychology

Semester	Specialization Elective Track-2	Name of Subject
1.	Counselling Psychology	Introduction to Counselling Psychology
2.		Counselling Proccsess
3.		Counselling Theories & Techniques I
4.		Rehabilitation Psychology
5.		Counselling Disciplines
6.		Case Studies: Counselling Psychology
7.		Multicultural Counselling
8.		Ethics & Professional Issues in Counselling Psychology

Semester	Specialization Elective Track-2	Name of Subject
		Introduction to Industrial-Organizational Psychology
		Psychology at Work
		Human Resource Management

	Industrial-Organizational	Leadership Management
	Psychology	Training & Evaluation
		Case Studies: Industrial Psychology
		Occupational Health and Wellbeing
		Ethics & Professional Issues in Industrial Psychology

